

Members may-hem 2026

For the month of May we are celebrating all things FUN & Fitness with you our Members! Lets move more in May here at Cardinia Life!

**Cardinia
Life**

Enjoy 10% off every Occasional Care session throughout May and grab a Personal Training 5-Pack on sale for just \$156 (12-31 May!)

MON	TUE	WED	THU	FRI	SAT	SUN	WEEK
	BFF! BRING A FRIEND IN MAY <i>Free Access</i>	OCCASIONAL CARE DISCOUNT IN MAY FOR MEMBERS	REFORMER PILATES VOUCHER SALE 1-10 MAY	1 GROUP FITNESS RAFFLE 01-31 MAY RELENTLESS 6PM	2	3 ? Ask us about a FREE Membership upgrade!	RAFFLE Group Fitness Raffle! Join any group fitness class (dry program only) in May for your chance to win! No tickets needed- just attend, and you'll be automatically entered.
10% CAFE MEMBERS DISCOUNT							1
4 IGNITE WINTER 8 Week Challenge STARTS RELENTLESS 6AM & 6PM	5	6	7 25% OFF Members Merchandise SALE 7-10 MAY RELENTLESS 6AM	8 7.30AM ACTIVE GYM CLASS RELENTLESS 6PM	9 8.15AM BOXING CLASS	10 Mother's Day	2
							3
11 RELENTLESS 6AM & 6PM	12 20% OFF PT 5-PACK SALE 12-31 MAY	13 AUSTRALIA'S BIGGEST MORNING TEA	14 RELENTLESS 6AM	15 7.30AM ACTIVE GYM CLASS RELENTLESS 6PM	16	17	3
							4
18 RELENTLESS 6AM & 6PM	19	20	21 RELENTLESS 6AM	22 7.30AM ACTIVE GYM CLASS RELENTLESS 6PM	23 8.15AM BOXING CLASS	24 8.15 AM BODY BALANCE CLASS	4
							5
25 RELENTLESS 6AM & 6PM	26	27 12PM MEMBERS LUNCH	28 RELENTLESS 6AM	29 7.30AM ACTIVE GYM CLASS RELENTLESS 6PM	30	31 8.15AM BODY BALANCE CLASS	5
							5
							RELENTLESS A 45 min small group based training sessions designed to challenge your fitness level and test your limits while under the supervision of a qualified instructor. These sessions include a variety of different training styles including body weight circuit, HIIT, Strength and Cardio.

More info will be provided! Check our socials! 