

Anzac Day

Friday 25 April 2025

Centre hours 1pm-7pm

Virtual Group Fitness classes

1.30pm

V Body Pump

1.30pm

V RPM

2.30pm

V Grit Athletic

2.30pm

V Sprint

4.30pm

V Core

4.00pm

V RPM

5.30pm

V Body Balance

5.00pm

V SPRINT

*Note - no Relentless Class running

Collect class ticket at reception!

Cardinia
Life